



THE UNIVERSITY *of* EDINBURGH

Edinburgh Research Explorer

Breathe

Citation for published version:

Riha, RL 2016, 'Breathe: exploring respiratory health and exercise', *Breathe*, vol. 12, no. 2, pp. 103-4.
<https://doi.org/10.1183/20734735.009216>

Digital Object Identifier (DOI):

[10.1183/20734735.009216](https://doi.org/10.1183/20734735.009216)

Link:

[Link to publication record in Edinburgh Research Explorer](#)

Document Version:

Publisher's PDF, also known as Version of record

Published In:

Breathe

Publisher Rights Statement:

©ERS 2016 Breathe articles are open access and distributed under the terms of the Creative Commons Attribution Non-Commercial Licence 4.0.

General rights

Copyright for the publications made accessible via the Edinburgh Research Explorer is retained by the author(s) and / or other copyright owners and it is a condition of accessing these publications that users recognise and abide by the legal requirements associated with these rights.

Take down policy

The University of Edinburgh has made every reasonable effort to ensure that Edinburgh Research Explorer content complies with UK legislation. If you believe that the public display of this file breaches copyright please contact openaccess@ed.ac.uk providing details, and we will remove access to the work immediately and investigate your claim.





Renata L. Riha



Dept of Sleep Medicine, Royal Infirmary Edinburgh, Edinburgh, UK.



rlriha@hotmail.com



@sleepresearcher

Breathe: exploring respiratory health and exercise

Welcome to the June issue of *Breathe*!

This issue explores topics relating to respiratory health and exercise and I hope will make interesting reading for all of you that deal with dyspnoea in your patients on a day-to-day basis, whether they be athletes with high expectations of their performance or those whose breathlessness arises from disease or lack of fitness.

The excellent contributions from experts in the field provide practical insights and tips on dealing with some of the most difficult symptoms in respiratory practice and how to investigate and manage them. I am grateful to the authors for bringing so much thought and consideration to their respective subject areas. Additional features will be available as online exclusives, including reviews focusing on common causes of dyspnoea in athletes and the effects of exercise-based pulmonary rehabilitation in patients with COPD, as well as further case reports. Please make sure you come back to us frequently to read, download and share this material (breathe.ersjournals.com).

With this issue, we would all like to say farewell to our colleague and friend, David Sadler, who has been the managing editor of *Breathe* for the past 6 years. We wish David well in the future and I, for one, remain indebted to him for his assistance and introduction to the exciting world of publishing. At the same time, I would like to welcome our new managing editor, Alice Bartlett. We look forward to a long and fruitful collaboration.

Regular and new features

Our Landmark papers series continues in this issue as do our other regular features; hopefully you are finding they provide useful references and challenges! In addition, we have an inspirational interview with Agnes Boots in the *Confidences de Salon* and I hope that the Meet the Assemblies pieces are enabling you to discover more about the work of the various Assemblies of the ERS.

I would also like to highlight the paper by Murphie and colleagues [1] looking at the economic impact of oxygen delivery and respiratory care in Scotland. This study documents not only the organisation of services to our sickest patients that we sometimes take for granted, but also explores the economic impact of self-fill/non-delivery oxygen systems. It is my opinion that the study will contribute significantly to our understanding of future health delivery strategies in this area.

Case report competition

Please, don't forget the case report competition!

The interactive case report remains a fundamental part of our portfolio for *Breathe* and we look forward to reviewing submissions. Case reports that are not included in the printed edition of *Breathe* will be published online as part of our expanding presence and can still be accessed and referenced *via* PubMed Central ensuring they reach a large audience.

Cite as: Riha RL. *Breathe*: exploring respiratory health and exercise. *Breathe* 2016; 12: 103–104.



@ERSpublications

The June issue of *Breathe* explores topics relating to respiratory health and exercise

<http://ow.ly/L3Zy300oWUN>



© ERS 2016

As always, my thanks go to all the contributors to this issue, as well as the hard-working editorial team who put the breath into *Breathe*.

Wishing you a sunny, relaxing summer and happy reading!

Conflict of interest

None declared.

Reference

1. Murphie P, Hex N, Setters J, *et al*. Self-fill oxygen technology: benefits for patients, healthcare providers and the environment. *Breathe* 2016; 12: 113–119.